

Message from our Programme Director

As we start 2020, our final cohort of CDT students are commencing their research projects and taking their last taught elements. We have seen a number researchers from earlier cohorts pass their PhDs – congratulations to all so far, and good luck to those currently writing up.

Congratulations too to Cohort 4 who all passed their MScs with Distinctions or Merits. Very well done!

Last summer we hosted our first careers day, and Claire is currently planning for the next one – please get in touch if you've got any suggestions!

We've had a number of successes with awards at conferences, and a number of wonderful personal events too – marriages, engagements and new babies – so congratulations all!

Looking forward to another successful year

Claire



this issue

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Programme Updates

- **Cohort 5 (18/19)** – All have started chosen research projects, Graduate School office have now updated GRAD to reflect this and primary supervisors updated.
- **Jane Wright** welcomed Charlotte Wright on the 22nd May 2019.
- **Megan Sharrock** welcomed Maya Jae Mainds on the 13th November 2019.
- **Cohort 4 (17/18)** have progressed through their transfers and are continuing with research. All MSc classifications have been signed off by the external examiner, Dr Peter Twigg.
- **Cohort 3 (16/17)** – Now in the final year of research time, they have started their Career Development programme with Ruth Winden. Lekha Koria is currently touring the US and Canada as a British ORS travelling fellow – well done!
- **Cohort 2 (15/16)** – Most students have now completed all their research and are in the midst of writing up. We've one PhD passed and another submitted so far – well done!
- **Cohort 1 (14/15)** – There has been a lot of viva activity over the last few months and lots of successes, so well done all!
- **ALL YEARS** – Please join the CDT TERM IMBE LinkedIn group – stay in touch beyond your studies!

Wellbeing Committee

Representatives from each year of the CDT have formed a mental health & wellbeing committee to help our workplace identify, manage and report on mental resilience. Managing your mental health during long-term, heavy workload projects is difficult, as we all know, but there's a difference between acknowledging and acting on changes in yourself, or friends. Having a space to share awareness and vocalize worries with like-minded people is so necessary, as we can all get so caught up on the treadmill and not notice changes. Our goal is to host monthly meetings, for both staff and students, to raise awareness and develop resilience techniques to help manage anxieties within our community.

The 1st workshop funded by OD&PL took place on 19.09.2019, focusing on overcoming struggles in academia and how to create transparency regarding resilience in student-supervisor relationships. The session was well attended and a great success. Our longer-term goal is to develop a programme of monthly sessions with different target themes to develop resilience techniques through both mental and physical exercises. A second planning meeting took place on the 10th January.

If you would like to know more or have any suggestions, please have a chat with Lizzy (mned@leeds.ac.uk) or Will (mnmw@leeds.ac.uk).

GSO Updates

GSO Have launched a new Minerva organisation, please contact them if you cannot access it.

EPSRC Cross CDT Network

Keep an eye out for future workshops and events.

Website

- We are excited to launch the Blog and case study area of the iMBE CDT Website, this showcase's the wonderful research our students are involved in whilst demonstrating the individuality of each student journey and highlighting the benefit a the CDT environment and opportunities that arise.
- All current students will contribute to the blog and all completed students are expected to produce a short case study documenting their pathway to successful completion of their PhD.

Events

- **CDT TERM Research Symposium, 4th May 2020 - University House, Agenda to be circulated nearer the time.**
- **CDT TERM Careers Day, 3rd July 2020 – 4.06 SCAPE, Agenda to be circulated nearer the time.**
- **CDT Progression Meetings, 20th & 21st July 2020, x103 iMBE, Students will be notified of time allocations to meet with the CDT programme team.**
- **Innovation Seminar Series 2020 – More dates released soon**

Event Update

There have been many great events in the diary over the past year, in July 2019 we held the 1st successful Careers Day with many great presentations from Leeds Alumni, the group sessions and innovation seminar programme were also well received. These sessions involved many internal and external speakers. We ran the first onsite the Prince 2 foundation qualification (attended by 12 CDT TERM students and 4 from other Eng CDT's, all CDT TERM successfully passed the course) Also an Advanced presentation skills workshop was delivered, a poster skills workshop, networking and social skills sessions, the career development programme and specialist software sessions such as LaTeX etc. There have also been collaboration events with other Eng CDTs. We would like to take this opportunity thank you all for your support in attending and contributing during these sessions. However, we would like to remind you that many of these sessions come at a cost and all take time to plan and arrange, please bear this in mind for future sessions as not all PhD students have access to these opportunities, therefore they shouldn't be taken for granted.

Blog - Innovation in Medical Engineering

Search by keyword

 **BLOG - INNOVATION IN MEDICAL ENGINEERING /// WEDNESDAY 29 MAY 2019**
Learning New Skills – Katherine Bostock
I'm currently on the second year of the CDT programme, and I am coming up to finishing my first year of PhD work, which means just one thing. Transfer. The deadline is a month away, meaning my time is currently spent editing my literature review, and getting one more set...

 **BLOG - INNOVATION IN MEDICAL ENGINEERING /// WEDNESDAY 29 MAY 2019**
Ligaments, Lemons and Learning Curves – Abigail Lucas
I'm now almost a year into my PhD project. It's been an interesting year. A year of reflection, resilience and revelation. My grand plans of generating three different mechanical testing protocols to implement on two different ligaments of the knee which can then be analysed via four different techniques is...

 **BLOG - INNOVATION IN MEDICAL ENGINEERING /// THURSDAY 23 MAY 2019**
The end of my research is nigh – Jack Brewster
The end of my research is nigh. At time of writing this piece, I have 5 months left, and have almost finished my lab work. Data has piled up into a daunting pile of "pending" analysis, thesis writing looms heavy on the horizon, but the sun has