Programme Updates

- **Cohort 5 (18/19)** – All have started chosen research projects, Graduate School office have now updated GRAD to reflect this and primary supervisors updated.

- **Jane Wright** welcomed Charlotte Wright on the 22nd May 2019.

- **Megan Sharrock** welcomed Maya Jae Mainds on the 13th November 2019.

- **Cohort 4 (17/18)** have progressed through their transfers and are continuing with research. All MSc classifications have been signed off by the external examiner, Dr Peter Twigg.

- **Cohort 3 (16/17)** – Now in the final year of research time, they have started their Career Development programme with Ruth Winden. Lekha Koria is currently touring the US and Canada as a British ORS travelling fellow – well done!

- **Cohort 2 (15/16)** – Most students have now completed all their research and are in the midst of writing up. We’ve one PhD passed and another submitted so far – well done!

- **Cohort 1 (14/15)** – There has been a lot of viva activity over the last few months and lots of successes, so well done all!

- **ALL YEARS** – Please join the CDT TERM IMBE LinkedIn group – stay in touch beyond your studies!

Wellbeing Committee

Representatives from each year of the CDT have formed a mental health & wellbeing committee to help our workplace identify, manage and report on mental resilience. Managing your mental health during long-term, heavy workload projects is difficult, as we all know, but there’s a difference between acknowledging and acting on changes in yourself, or friends. Having a space to share awareness and vocalize worries with like-minded people is so necessary, as we can all get so caught up on the treadmill and not notice changes. Our goal is to host monthly meetings, for both staff and students, to raise awareness and develop resilience techniques to help manage anxieties within our community.

The 1st workshop funded by OD&PL took place on 19.09.2019, focusing on overcoming struggles in academia and how to create transparency regarding resilience in student-supervisor relationships. The session was well attended and a great success. Our longer-term goal is to develop a programme of monthly sessions with different target themes to develop resilience techniques through both mental and physical exercises. A second planning meeting took place on the 10th January.

If you would like to know more or have any suggestions, please have a chat with Lizzy (mnedy@leeds.ac.uk) or Will (mnwjg@leeds.ac.uk).
Website

- We are excited to launch the Blog and case study area of the iMBE CDT Website, this showcase’s the wonderful research our students are involved in whilst demonstrating the individuality of each student journey and highlighting the benefit a the CDT environment and opportunities that arise.

- All current students will contribute to the blog and all completed students are expected to produce a short case study documenting their pathway to successful completion of their PhD.

Events

- CDT TERM Research Symposium, 4th May 2020 - University House, Agenda to be circulated nearer the time.

- CDT TERM Careers Day, 3rd July 2020 – 4.06 SCAPE, Agenda to be circulated nearer the time.

- CDT Progression Meetings, 20th & 21st July 2020, x103 iMBE, Students will be notified of time allocations to meet with the CDT programme team.

- Innovation Seminar Series 2020 – More dates released soon

Event Update

There have been many great events in the diary over the past year, in July 2019 we held the 1st successful Careers Day with many great presentations from Leeds Alumni, the group sessions and innovation seminar programme were also well received. These sessions involved many internal and external speakers. We ran the first onsite the Prince 2 foundation qualification (attended by 12 CDT TERM students and 4 from other Eng CDT’s, all CDT TERM successfully passed the course) Also an Advanced presentation skills workshop was delivered, a poster skills workshop, networking and social skills sessions, the career development programme and specialist software sessions such as LaTex etc. There have also been collaboration events with other Eng CDTs. We would like to take this opportunity thank you all for your support in attending and contributing during these sessions. However, we would like to remind you that many of these sessions come at a cost and all take time to plan and arrange, please bear this in mind for future sessions as not all PhD students have access to these opportunities, therefore they shouldn’t be taken for granted.